

Skills focus for this term:

- Self-Management – Following class rules & make safe choices/decisions

Ask for help when I need it

Things to look forward to:

- Settling into the Nursery routine & getting to know some new friends
- Learning the names of different parts of my body/class routines & rules through songs & rhymes
- Body parts messy painting (hands, feet, elbows, knees etc.)
- Learning about every day shapes and using them creatively
- Tasting and making healthy snack choices



## ★ I Have Two Eyes

I Have Two Eyes  
I have two eyes to see with,  
I have two feet to run,  
I have two hands to wave with,  
And nose I have but one.  
I have two ears to hear with,  
And a tongue to say "Good day".

# Carradale Primary School ELC Newsletter

Aug - Sep 2021





## All About Me

Welcome to the start of a brand new nursery school year! This session we will be focusing on keeping ourselves safe at school by learning the school routines and rules.

We will also research and look at what foods we need to help develop our growing bodies and the importance of physical activities as we exercise sing and play action rhymes and games.

As we begin to look at ourselves we hope to share with our peers our similarities and differences. Our role play focus this theme will be the home corner as we look at our families and demonstrate family members' roles within the home as we play at Mums or Dad etc.

"I'm simply me and that's all I need to be"

Please complete our 'all about me' form with your child and return to nursery staff. This gives us an insight to your child's likes, dislikes and interests. We will issue this document approximately 3 times over the school session to update and accommodate any changes they may have. Please return annual data checks and photo media consents to ensure we have the most up to date contact information etc. for your child. The Scottish government funds our daily snack. This consists of milk and one piece of fruit daily. We continue to ask for a contribution of 40p a day for alternative snack items, oatcakes, crackers, topic themes and cooking ingredients.

As and when the ever changing guidance permits around covid-19 we look forward to inviting parents into school to share songs rhymes, playing together sessions etc.

If you have any questions or concerns relating to your child or the pre-5 unit in general please do not hesitate to approach nursery staff, Mrs McSporran or Mr Long. Happy parents make happy children.

### Key learning this theme:

- I can wash my hands & brush my teeth independently.
- I can identify different parts of my body.
- I can learn a nursery rhyme each week.
- I am beginning to recognize and identify basic 2D shapes.
- I can learn a Makaton sign each week.
- I can listen for and identify the initial sounds of everyday objects.
- I can make healthy snack choices.

### Things that can be done at home:

- Choose your favourite fruit and make your very own smoothie.
- Talk with your child about what they need to grow. Show them photos of you as a baby, child and adult then have them stretch and make themselves tall and then small like a baby, walk around in grown-up steps and then in baby steps, crawl like a baby, make small toddler jumps, and finally jump like big kids.
- Shop together to buy healthy produce and when you get home cook a healthy family soup or fruit salad together.
- Go on a penny exercise walk. Flip the penny at each corner you come to - heads go right, tails go left

