

# Accessing a Covid – 19 Test in Argyll and Bute

Adults and children with symptoms of Covid-19 should be tested as soon as possible and within 5 days of symptoms appearing. These symptoms include a new and persistent cough; a high temperature; or a change in ability to taste/smell.

Members of the public should book a test here (it is best to do this after 7pm for next day locations):

<https://www.nhsinform.scot/self-help-guides/self-help-guide-access-to-testing-for-coronavirus>

Anyone without internet access or unable to travel to a testing centre should call NHS 24 on 0800 028 2816 to book a test.

This is sometimes called the “Government Testing route”. Testing takes place in the following mainland locations each week at drive-through Mobile Testing Units (MTUs), for example leisure centres.

There is also a testing centre at Glasgow Airport for people who are close enough to travel there.

OBAN

Wednesdays and  
Thursdays

LOCHGILPHEAD

Mondays and  
Tuesdays

CAMPBELTOWN

Fridays and Saturdays

HELENSBURGH

Mondays and  
Tuesdays

DUNOON

Fridays and  
Saturdays

ROTHESAY

Wednesdays and  
Thursdays

These days are effective until 1 September 2020. After this point the days and locations may be different.

It may also be possible to book a home test kit (although this is subject to availability and your postcode): <https://www.nhsinform.scot/self-help-guides/self-help-guide-access-to-testing-for-coronavirus>

For medical advice about symptoms that are getting worse phone NHS 111.

## Getting Tested on the Islands

Bespoke arrangements have been developed for people with symptoms who live on or who are visiting the islands. This involves collecting home test kits from these community locations:

ISLAND	PICK-UP POINT
Coll	The Coll Hotel 01879 230334
Colonsay	District nurse based at surgery 01951 200328
Gigha	District nurse by phoning 07586271412 or the surgery at Muasdale on 01583 421206
Iona	Via Mull Hospital 01680 300392 (with local pick-up TBC)
Islay	Bowmore Hospital 01496 305 308
Jura	Bowmore Hospital 01496 305 308 (local Jura pick up available)
Lismore	Isle of Lismore Cafe, Port Acharrin, Lismore 01631 760020 (11-4pm)
Mull	Mull Hospital 01680 300392
Tiree	GP Surgery 01879 220323

When a home test is collected it must be registered online to ensure the person taking the test gets their results by text message: <https://www.test-for-coronavirus.service.gov.uk/register-kit>

Completed self-test kits must be delivered back to the advised collection point asap and not posted via Royal Mail. This ensures delivery to the lab within 72 hours.

## Key Messages about Results

- Symptomatic people and household members must self-isolate until tested.
- If result is negative, your temperature has been normal for 48 hours, and no-one else in your household has symptoms, you no longer need to self-isolate (this does not apply if you have had contact with a confirmed case).
- If the result is positive then you should self-isolate for the remainder of 10 days from the onset of symptoms and the rest of your household should self-isolate for the remainder of 14 days from the date of onset of your symptoms.
- Household members should get tested if they develop symptoms or if advised to by NHS Highland's Health Protection Team.