

WALK A MILE

Challenging mental health stigma.
One conversation at a time.



When: Saturday 6th April 11.45 for 12 noon start

Where: War Memorial, Esplanade, Campbeltown

Kintyre
Link
Club



Mental Health Support and Recovery



Finish: Town Hall for refreshments

More details: Call Tracy on 07535036953

JOIN US TO WALK AND TALK ABOUT
MENTAL HEALTH

See Me
End mental health
discrimination