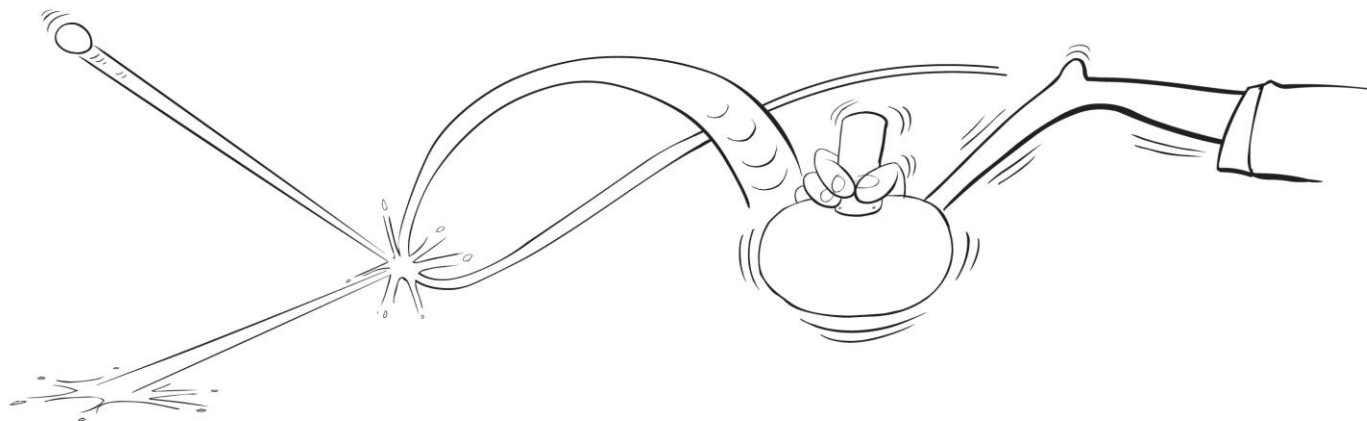


Term Two 2018-2019 activities

Active Schools – Cluster Clubs



Active Schools is keen to get as many young people in South Kintyre as active as possible. Whether it's by taking part in physical activity or sport, we want young people to enjoy a fun and healthy lifestyle, so..... why not sign up to a local club this term, or join in with an Active Schools session? No previous experience necessary!

To take part simply complete the attached consent form and take it along with payment, to THE AQUALIBRIUM to secure your place. (Please do not send cash by post). Bookings cannot be made without a form and payment.

Bookings will open ON **Tuesday 19th February** but be quick – places fill up fast!

If you have any queries about the activities please contact your Active Schools Co-ordinator Primary - Lindsay Ramsay on: 07917073424, email: Lindsay.ramsay@liveargyll.co.uk

Parents/carers, are you interested in volunteering but don't know where to start? We may be able to help! Contact Lindsay Ramsay by phone or email (details above).

Badminton

With various badminton competitions on the go, Active Schools are delighted to continue to offer badminton during our extra- curricular programme. Sessions will be led by Hannah McDaniels.

Our sessions will run for a 5wk block and will be held in the Victoria Hall.

P1 – P3: Monday: 3.45 – 4.30pm (25th Feb, 4, 11, 18, 25th March)

P4 – P7: Monday: 4.30 – 5.30pm (25th Feb, 4, 11, 18, 25th March)

Don't forget to wear appropriate clothing & bring a water bottle. £12.50

Tennis

Active schools are delighted to welcome back Tennis to their after-school programme. Sessions will target pupils in P1 – P3 & P4 – P7 and will be led by Catherine Dobbie.

P1 – P3: Tuesday: 3.45 – 4.30pm (26th Feb, 5, 12, 19, 26th March)

P4 – P7: Tuesday: 4.30 – 5.30pm (26th Feb, 5, 12, 19, 26th March)

Don't forget your juice & snack! £12.50

Multi-sports

Due to the success of the multi-sports on previous occasions, Active Schools are continuing to offer multi-sports to pupils in P1 – P4.

Sessions will be led by Hannah McDaniels and will be held in the Victoria Hall.

P1 – P4: Wednesday: 3.45 – 4.45pm (27th Feb, 6, 13, 20 & 27th March)

Cost: £12.50

Don't forget your snack/water & wear appropriate clothing.

Kayaking

Active Schools are happy to announce that the canoe club will continue to be open to pupils in **P6 – P7**.

Sessions will be held on a Thursday evening at the Aqualibrium for a 5wk block.

7.00pm – 8.00pm (28th Feb, 7, 14, 21 & 28th March).

All pupils must be able to swim 25m. Please arrive at 6.45pm, to be ready for a 7.00pm start.

Sessions will be led by Sid Gallagher.

Cost: £12.50 for 5 wk block. Don't forget your swimming costume & towel!

Volunteering in Active Schools.....

If you are a parent, carer, grandparent, brother or sister and have an interest in health and sport and feel you would like to get involved in the delivery of some Active Schools programmes, then please get in touch!! Active Schools can give you the opportunity to gain some qualifications and experience to get you out into the community and school environment both within the primary and secondary school settings.

Alternatively, if you already hold National Governing Body Qualifications within a particular sport and would like to get involved, please let me know.

For further information, please contact Lindsay Ramsay, Active Schools (primary) on 07917073424.